

## Be Conscious of the Real You

8<sup>th</sup> June 2011

### Desirus:

Greetings,

As usual, we are pleased to communicate. Again, and we might sound like we are repeating everything, it is so important you are conscious of the real you and of your energy fields. It is important. Some of you do slip up. And we know there are lots of questions, "What is going to happen to our Mother Earth? How are we going to ascend very quickly? We do not want to incarnate or come again." These are too many topics and questions - and irrelevant.

It is important that you are totally aware of who you are. As you know there have not only been earth changes but there is a lot of change going on in your atmosphere. Some of you will still find this disturbing, others might feel light-headed for as you are - not being forced - but opening up in a somewhat quicker way, you might become and you will become ultra-sensitive. For those of you who have always been that - their gifts will be accelerated, but they will be quite comfortable with that. For those who were a bit ensconced in their earth journey and who have sort of forgotten who they really are it could be disconcerting to all of a sudden see a bit more; be a bit more sensitive.

And so, it is important to reconnect or to connect to your planet again. For some of you that might seem highly boring for you will want to know, "What happens next? To which planet can we travel?" maybe, "How quickly can we ascend?" To all these questions, there will be answers but all in good time since you live in a timeframe. We cannot stress enough how important it is to look after you planet, which is changing. Some species will change slowly - so no panic; there will be some mutations - but nothing you have to worry about. You will feel lighter and again, as I said, some of you will be able to access each others thoughts much more easily.

The role you are playing here is important for it is highly important to help your planet ascend. This does not mean that your Mother Earth is going to disappear. It will remain in what you would call the 3<sup>rd</sup> dimension but part of it - what you would call the other earth - will ascend. The plan was that everybody and the earth would ascend meaning exist in a lighter dimension, a faster dimension - unfortunately that was a bit premature, but it is important to realize that part of the earth will ascend. The earth, your planet, is self-

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cleansing and you might find lots of floods and fire and shaking. It is helping itself but it needs loving thoughts and understanding – do not forget you are very much part of your planet.

All of those present will quicken their vibrations without realizing it so it is incredibly important to remain focused and as an exercise it would be important to be still and realize *who you are* - that will help you to realise what's happening. For all of you are much more than you present. You will be hearing stories - horror stories, scary stories - these things will not happen. You will be travelling at a tremendous speed in a very comfortable, easy way. The fact is that communications are faster so as your scientists slowly come to terms with what is happening in their world, there might be a slight panic, which they will try to withhold.

All is well but there is quite a lot going on. The diseases, which occur from time to time, are necessary as they always have been necessary. There will be a cure for this and a cure for that but ultimately what we have taught you and what we have talked about is the realization that you will be able to help or heal yourselves more and more. So just be still, observe and know who you are. This eventually will help you when it is time for your transition. For with the knowledge that you are part of the whole it might be more interesting - as we say in your language tongue-in -cheek.

Humanity will have an earth-life longer than usual; this is not happening just yet. Some of you will achieve what you would call old age if you so want to. Most of you are forerunners of those who are still to come. You will see a lot of change - climatic changes but nothing to be scared of, in fact, observe this with the utmost interest. Later on, intergalactic travel - mind travel - will be possible but not just yet. For the moment, we ask you to look after your planet with joy and care, to connect to your Mother Earth, and maybe once again to observe where your consciousness is – above, below, where is it. It is a test to - and here we are very repetitive – to really focus: *I AM*.