

Eradicating Fear

3rd August 2011

Desirus:

Greetings.

This is a time for what we would call reflection, practicality, and how do I go about my daily life. There is far too much, what we would call, *thought*, in the air. You will be able to reflect on past, present and future. Not quire ready to collect them all up. You will have to wait for that and I know more and more, what you would call, disasters are happening to us. They are rebirths - we do not see the drama in the passing collectively of souls to spirit. It might be difficult to understand when those souls at a young age have decided to join us and are reborn on our side of what you would call the veil. They will awaken and have awakened positive lightness in what you would call the heart. Others have decided to transcend or to be reborn on our side because it was necessary for what you would call their country to be shaken up and for the rest of the inhabitants of your planet to wake up and try to give a helping hand. Unfortunately, this had to be done this way but never, ever dwell too much on the loss and the grief for again as we reiterate - every single one of those who passes be it, having been on this plane to two years, two months or twenty or thirty years in your time - has been reborn and reunited with joy. The grief lies with you, but it is a huge wake-up call for the places where they incarnated.

This evening, as you would call it, is all about practicality. Too many of you are asking too may questions about the future. Again - our message is live this journey - this incarnation to the full - live your story, your drama, to the full - only then can you mould your future journey. For yes, it might seem out of the norm if you would call it that but there will be a time where you will be able to join up again your past, your present and your future - so it is of the utmost importance to find peace, overview and happiness.

Some of you are mastering this art, which is not so easy for living in separation always has been tricky. As you know you are a little particle of the light of the creator - so that was much easier - the minute you decided to incarnate into a physical body it got interesting. Grappling with emotions, with fear, is one of the most difficult obstacles in what you would call your earth existence. Sadly, much of your planet is still ruled by fear - so it is of vital importance to master this lower vibrational emotion. Once you eradicate fear, you are what you would call, three quarters of the way.

And fear attracts fear. Fear and power are closely linked. So, if you would like to make a clean sweep or good start - start by eradicating fear. You will master that. Do not over-think this. Go with your feelings. Once again and we cannot repeat this enough. Go into nature and admire the creativity of the creator for your Earth plane can be so beautiful.

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Sometimes, little parts of this beauty get destroyed but not to worry, it will flower again - everything is going to plan. So, this evening, your lesson is fear. Eradicate this fear and enjoy.

Some of you might ask, "Why is there such turbulence?" There is and will have to be turbulence before the calm and the joy. It is also there to open your hearts and to realize that all of you are one, which we would say a lot of you have forgotten in your separation. Turbulence will continue - turbulence is a lesson. There will be a quickening but nothing which has not happened before. You will all rejoice and understand at a certain time. It is important though that you quicken and live more intensely and by living we mean journey more intensely, that you are aware, mindful, and observant and if you can - a little bit objective, that you share and you care, and those of you who can - that you enjoy. There is a quickening and some of you might become slightly more aware. Again, do not fear this, but look at the whole picture - how can I help? How can I be? And how do I journey to the best of my ability without judging Self or others?

There will be different experiences for different energies. Remember that every incarnation endured or enjoyed you will be on a different vibration - some of you have been on this planet earth on a lower vibration - some of you on a higher vibration - that's why we would say - do not judge. Every incarnation has a different vibration. This time it would be of use to realize this and get a balance. And with what we would say a smile - it does not matter. Everything is well.